

Menu

W/C : 5th Jan, 26th Jan, 23rd Feb, 16th Mar,



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mild Turkey Curry	Chicken Hot Dog GLUTEN, SULPHITES served with Sweet Potato	Roast Gammon served with Roast Potatoes and Gravy	Tomato Pasta GLUTEN	Fish Fingers GLUTEN, FISH served with Chips
Option 2	Mild Sweet Potato and Lentil Curry	Quorn Dog GLUTEN served with Sweet Potato EGG	Cauliflower Cheese served with Roast Potatoes and Gravy	Cheesy Pasta GLUTEN, MILK	Vegetable Fingers GLUTEN, CELERY served with Chips
Option 3	Jacket Potato Choice of Cheese MILK Beans Tuna FISH	Jacket Potato Choice of Cheese MILK Beans Tuna FISH	Tuna and Sweetcorn Baguette GLUTEN, FISH	Jacket Potato Choice of Cheese MILK Beans Tuna FISH	Cheese Baguette GLUTEN, MILK
Vegetables		Vegetable Sticks	Seasonal Vegetables	Broccoli	Peas
Salad Bar	Couscous GLUTEN , Pasta GLUTEN , Coleslaw EGG , Potato Salad, Tomatoes, Cucumber, Pepper Sticks, Houmous SESAME , Carrot Batons, Beetroot & Fresh Bread. Different Options Daily				
Main Dessert	Whole Fruit and Yoghurt MILK	Whip MILK	Fruity Rock Cake EGGS, GLUTEN	Frozen Yoghurt MILK	Apple and Ginger Cake served with Custard GLUTEN, EGGS
2nd Dessert	Individual Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK

Menu

W/C: 12th Jan, 2nd Feb, 2nd Mar, 23rd Mar



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Fajitas GLUTEN	Ham and Leek Pie topped with Sliced Potato GLUTEN, MILK	Roast Turkey served with Roast Potatoes and Gravy	Spaghetti Bolognaise GLUTEN	Fillet of Fish GLUTEN, FISH with Wedges
Option 2	Quorn Chicken Fajitas GLUTEN	Leek and Lentil Pie topped with Sliced Potato GLUTEN, MILK	Cauliflower and Broccoli Cheese served with Roast Potatoes and Gravy	Quorn Mince Spaghetti Bolognaise GLUTEN	Vegetable Burger GLUTEN with Wedges
Option 3	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH
Vegetables	Vegetable Rice	Seasonal Vegetables	Seasonal Vegetables	Peas	Baked Beans
Salad Bar	Couscous GLUTEN , Pasta GLUTEN , Coleslaw EGG , Potato Salad, Tomatoes, Cucumber, Pepper Sticks, Houmous SESAME , Carrot Batons, Beetroot & Fresh Bread. Different Options Daily				
Main Dessert	Whole Fruit and Yoghurt MILK	Apple Flapjack GLUTEN	Iced Sponge GLUTEN, EGGS	Jelly CONTAINS GELLATINE	Pear and Chocolate Cake GLUTEN, EGGS served with Chocolate Custard MILK
2nd Dessert	Individual Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK

Menu

W/C: 19th Jan, 9th Feb, 9th Mar, 30th Mar



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mild Chilli	Cheese MILK and Ham Pastry GLUTEN Pizza	Roast Chicken served with Roast Potatoes and Gravy	Cowboy Pie (sausage and beans topped with potato) GLUTEN, SULPHITES	Fish Fingers GLUTEN, FISH and Fries
Option 2	Mild Quorn Mince Chilli GLUTEN	Cheese MILK and Tomato Pastry GLUTEN Pizza	Cauliflower Cheese served with Roast Potatoes and Gravy	Cow Girl Pie (Quorn sausage and beans topped with potato) GLUTEN, SULPHITES	Vegetable Fingers GLUTEN and Fries
Option 3	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH
Vegetables	Peas	Vegetable Rice	Seasonal Vegetables	Carrots	Baked Beans
Salad Bar	Couscous GLUTEN , Pasta GLUTEN , Coleslaw EGG , Potato Salad, Tomatoes, Cucumber, Pepper Sticks, Houmous SESAME , Carrot Batons, Beetroot & Fresh Bread. Different Options Daily				
Main Dessert	Whole Fruit and Yoghurt MILK	Fruit Crumble GLUTEN Served with Custard MILK	Banana Cake GLUTEN, EGGS	Mini Doughnuts GLUTEN, MILK, EGGS	Lemon Drizzle Cake GLUTEN, EGGS
2nd Dessert	Individual Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK