

# Kingston St Mary Church of England Primary School

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09<sup>th</sup> January 2026

Dear Parents /Carers

As part of our science topic, we are exploring the senses and learning about healthy living.

Over the coming weeks, we plan to take part in some blind sensory testing to guess what items are, based on taste, touch, smell, hearing and sight. We also hope to try some healthy foods, including some exotic fruits that the children will (hopefully!) enjoy trying.

If your child has any allergies or aversions to foods that school are not already aware of or that you think we may need to know about, please complete the form below and return by Friday 16th January. None of the foods explored will include nuts.

Thank you for your ongoing support. I look forward to an enjoyable few weeks finding out more, with the children, about our senses and being healthy!

Holly Cook  
Buzzards Class Teacher (Mondays)

## Science topic – Blind sensory testing

Please return this slip by **Monday 12<sup>th</sup> January 2026**.

Please list below if your child has any allergies or aversions

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As parent / guardian of: .....

- I don't want my child to participate
- I am happy for my child to participate

Signed ..... Date .....

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We do our best to: Use Our Head, Have a Heart, Give a Hand

"I came so that they could have life – indeed, so that they could live life to the fullest."

John 10:10