



Sun Protection Policy

Statement of Intent

At Kingston St Mary, we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this by implementing the following measures.

EDUCATION

- Staff will be educated about how to be SunSmart: <https://www.sunsmart.com.au/advice-for/schools-early-childhood/education-resources/primary-school-resources>.
- All pupils will have at least one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies at the start of the summer term and before summer break.
- Parents and carers will be informed of what the school is doing about sun protection and how they can help at the beginning of the summer term.

PROTECTION FROM THE SUN OUTDOORS

When the sun is strong, UV level of 3 or above, children will wear a sun hat and we will encourage pupils to sit/play in the shade where it is available.

Where possible, outdoor activities will take place in the shade.

TIMETABLING

In extreme cases of heat, we will schedule outdoor activities before 11.00am and after 3.00pm. If this is unavoidable we will ensure hats, clothing and sunscreen are all worn to prevent sunburn.

CLOTHING

- When outside in sunny weather, pupils will wear hats that cover the ears, face and neck. Children without a hat will stay in shaded areas of the playground/field.
- Pupils are allowed to wear UV protective sunglasses.
- Staff will be encouraged to wear suitable hats and clothing when on playground duty and teaching outdoors on sunny days to reinforce the SunSmart message.

SUNSCREEN

- Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips.
- Pupils will be asked to bring in their own labelled bottle of sunscreen.
- We will send letters home asking for parents to apply sunscreen to pupils before they come to school when the sun is strong during the summer months.
- Children will be reminded to re-apply sunscreen when necessary.

PROTECTION FROM THE SUN INDOORS

- Windows and other ventilation openings will be opened during the cool of early morning to allow stored heat to escape from the building.
- The use of electric lighting will be kept to a minimum during heatwaves.
- All electrical equipment, including computers and monitors will be switched off when not in use and will not be left in standby mode.

MAINTAINING CHILDREN'S HEALTH DURING HOT WEATHER CONDITIONS

- Pupils will be encouraged to eat normally.
- Pupils will be reminded to drink at regular intervals throughout the day, including after break time and part way through lunchtime.
- Classroom layouts will be adjusted if necessary to avoid direct sunlight on pupils.