



Online Safety and Wellbeing

We teach online safety in school as part of both our Computing and SRE/PSHE Curriculums.

However, as children's use of the internet is becoming more mobile and interactive and with the majority of their use at home it is important to make sure you know how to help your child stay safe and well in the digital world. There are many ways you can help your child's online safety and wellbeing. These could include restricting screen time, blocking access to sites and limiting their use to age-appropriate material.

Depending on your child's age, you will be at different stages with your child's online development. I have listed below (and included links) to some sites which provide good guidance and support for parents and carers whatever their child's age.

NSPCC NSPCC Six Tips to improve your family's online wellbeing

https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/positively-online?gclid=EAAlQobChMIssO84qz0_QIVVIBQBh2E2QJgEAAYASAAEgl53vD_BwE&gclid=aw.ds



CEOP has resources to help you keep your child safe from online abuse and grooming

<https://www.thinkuknow.co.uk/parents/>



UK Safer Internet Centre

The UK Safer Internet Centre (UKSIC), established in 2011, is a leading global partnership helping to make the internet a great and safe place for everyone.

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>



Support for Parents and Carers to keep children safe online

<https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-online/coronavirus-covid-19-support-for-parents-and-carers-to-keep-children-safe-online>